



### **Article 1 - Organization**

AVIO is organizing the **41<sup>th</sup>** ARIANE CROSS competition on 28 September in Fuggi, near ROME, ITALY.

### **Article 2 – Races**

The ARIANE CROSS meeting includes both individual races and a relay race 4 X 1.500 m.

Three optional distances are offered for the individual races: 2.500 m, 5.000 m and 10.000 m and children race.

*Note: All distances are indications only.*

### **Article 3 – Participants**

The event is opened to employees from European companies engaged in the ESA launchers programmes, as well as the employees' partners and children.

### **Article 4 – Closing date**

The closing date for entries (individual events and relay) as the final date for applications to participate in ARIANE CROSS 2019 is 14 July 2019 .

### **Article 5 – Team captain**

Each team must appoint a captain who will be the contact point with the organizers.

**Article 6 – Medical Certification**

Participation is however subject to the presentation of a medical certificate of fitness for competitive sports specific for athletics, still valid (**issued less than 12 months prior to the 29 September**). The medical certificate for foreigners non-residents can be issued in their country.

We therefore ask you to bring the medical certificate with you to show it on any request on the day of the competition.

It's emphasized that runners take part in the competition at their own risk.

**Article 7 – Age categories (individual races)**

Age categories for this cross-country event are defined solely by reference to year of birth, ignoring month and day. The following categories have been defined:

<b>WOMEN'S CATEGORIES</b>			
<b>RACE</b>	<b>2001-1980*</b>	<b>1979-1970*</b>	<b>1969* and before</b>
<b>2.500 m</b>	A1	A2	A3
<b>5.000 m</b>	B1	B2	B3
<b>10.000 m</b>	C1	C2	C3

<b>MEN'S CATEGORIES</b>			
<b>COURSE</b>	<b>2001-1980*</b>	<b>1979-1970*</b>	<b>1969* and before</b>
<b>2.500 m</b>	A4	A5	A6
<b>5.000 m</b>	B4	B5	B6
<b>10.000 m</b>	C4	C5	C6

*\*year of birth*

Children: under 18 years old, race 800 m

**Article 8 – Individual race**

A competitor can enter only one individual race.

**Article 9 – Relay race**

A relay team consists of 4 runners from a team who have all participated in an individual race.

The relay team must be composed as follows:

<b>Relay</b>	<b>Runner 1</b>	<b>Runner 2</b>	<b>Runner 3</b>	<b>Runner 4</b>
<b>Gender</b>	Female**	Male	Female	Male
<b>Birth Year</b>	2001-1980*	2001-1980*	1979* and before	1979* and before

*\*year of birth*

*\*\* In case, in the team, there is not a runner in the female class (2001-1980\*), it is allowed to introduce a runner of the female class (1979\* and before).*

Any relay team not respecting the above mentioned composition, shall not be allowed to participate the relay race. A relay competitor can enter only one relay team.

**Article 10– Team points from individual races**

The ranking will be established upon order of arrival of 3 Runners (Man 2001-1980, Man ≤1979 and female) and not depending on the time/chrono.

For each individual race (2.500 m, 5.000 m and 10.000 m), two overall rankings will be established:

- A women’s overall ranking, all categories
- A men’s overall ranking, all categories.

In **each women’s race**, the following will be recorded:

- The best performance within the team, regardless of age category. The points allocated correspond to the place obtained in the women’s overall ranking.

*Thus, over 5.000 m for example, a team whose best athlete was 3<sup>rd</sup> (overall) will be allocated 3 points.*

In **each men’s race**, the following will be recorded:

- The best performance among runners born in 1980 and after,
- The best performance among runners born in 1979 and before.

The points allocated correspond to the sum of the two places obtained in the men’s overall ranking.

*Thus, over 2.500 m for example, a team whose best athlete born in 1982 or after finishes 8<sup>th</sup> (overall) and whose best athlete born in 1979 or before finishes 15<sup>th</sup> (overall) will receive 8 + 15 = 23 points.*

Any team that does not have a representative in a given race, will be allocated the number of points scored by the lowest scoring athlete overall (women and men) plus 1.

*Thus, in the 10.000 m women's race for example, if 25 female athletes finish, teams that have no representatives in that race will be allocated 26 points.*

The total individual point score of a team is therefore equal to the sum of points scored by its best representatives (women, men born in 1980 and after, men born in 1979 and before) in each race.

This total score is then divided by 9, giving the average of individual points scored for the team.

*It is recommended that teams should consist of at least 9 runners:*

- 3 women (including at least one born in 1979 and before, for the relay runner 3)
- 3 men born in 1980 and after, split up over 3 races
- 3 men born in 1979 and before, split up over 3 races.

### **Article 11 – Team points from relay race**

The ranking will be established upon order of arrival of 4 Runners and not depending on the time/chrono. It is understood that only the best relay team of the team companies is taken into account for the establishment of the final ranking.

In the **relay race** the following will be recorded:

The best performance of a relay team within the team.

The number of points scored by a given team in a relay race corresponds to the best team's relay team finishing place (1 point for the relay team finishing first ...).

A team that does not finish the relay race will be allocated the number of points awarded to the team finishing last, plus 1.

*Note: Teams are allowed to participate in the relay race with multiple teams.*

### **Article 12 –Final ranking**

The final ranking is obtained by adding the number of points scored in the relay race to the average of the individual points scored by the team.

**The ranking is established by a Committee composed of some representatives of the organization Company.**

### **Article 13 – Trophies**

The first three finishers in each category will be awarded a trophy.

The first three teams in the relay will be awarded a trophy.

The full final team ranking shall be announced during the trophy awards ceremony.

### **Article 14 – Timings**

The individual races will start at the following times:

- 10.000 m, categories C1 to C6: start 09.00 am
- 5.000 m, categories B1 to B6: start 10.30 am
- 2.500 m, categories A1 to A6 start 11.30 am
- Children (800m) start 12.00 am

The relay race will start about at 12:30 am.

Competitors are to assemble at the start line 10 minutes before the published start of each event.

### **Article 15 – General arrangements**

Numbers must be worn on the chest. The use of spiked shoes is not allowed. Failure to respect the rules or directions given by an official or route marshal may result in disqualification.

### **Article 16**

All participants agree to abide by these rules; failure to do so may result in disqualification.

### **ARTICLE 17 -**

All participants agree that photos, video material, and interviews made in connection with his/her participation in the event can be broadcasted and published on TV, the internet, radios, in printed material, books, photo copies (video footage, video tapes, etc.) without fees. Moreover, participants agree that personal data, such as name, year of birth and company can be provided in starting lists and results.